

A STUDY ON EMOTIONAL MATURITY OF SECONDARY SCHOOL TEACHERS

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ABSTRACT

Emotional maturity is required to deal with sensitive situations. There are some factors which causes a person to be satisfied with his job e.g. autonomy, commitment, connectedness, cooperation, creativity, energy, flexibility, honesty, integrity, knowledge, mortality, patience, quality, respect, responsibility, sense of duty, sincerity and tolerance. So the present study intends to measure the emotional maturity of secondary school teacher. Teacher has an important role to play in nurturing an emotionally matured child. They should strive to create an environment of the trust, respect and support. They can teach their children strategies to deal with life's ups and downs. Particularly elementary level education plays a crucial role in the foundation of learning in a child. Each and every activity organized by the teacher in the classroom has an impact of the achievement of the child in the subject matter. Teacher with optimal learning emotional maturity will defiantly humanistic in their approach in the designing of the learning activities. High emotional maturity will also enable a teacher trainee to think logically and use his or her mind in best possible way. This could be seen when the student has a high motivation and self-awareness.

KEYWORDS: *Emotional Maturity, Self-Awareness, Secondary School Teachers*