

SPIRITUAL CANTICLE OF JOHN OF CROSS; AN EXPERIENCE OF ECSTASY AND SAINTLINESS

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ABSTRACT

This paper deals with Ecstasy and experience of saintliness in the poems of John of Cross. The word ecstasy has the meaning of both physical and spiritual realm of the human. In the poems of John of cross the ecstatic union is of two souls rather than two bodies. The soul, observing that its sigh and prayers suffice not to find the Beloved and that it has not been helped by the messengers. The searching is real and its love great, leave undone anything itself can do. The soul that really loves God is not dilatory in the union with God. The ecstatical state of the poet experience the love of God and make the poet more saintly in this world.

KEYWORDS: *Ecstasy, Saintliness, Transcendental, Spiritual*